## INFO PACK THEATER FOR EQUALITY

# ÁLORA MÁLAGA, ESPAÑA 25<sup>th</sup> November to 3<sup>rd</sup> December 2023







#### **SOME INFORMATION ABOUT OUR PROJECT...**

THEATER for EQUALITY is a youth exchange for Young people that will take place in Álora (small town in the interior of the province of Malaga) where 36 young people with different abilities from 6 countries will meet to learn and share best practices and tools related to arts and gender equality.

#### **General Objective:**

Gender equality is a fundamental value of our entity and a transversal pillar in the projects we work on. We believe that to achieve real equality we do not can stop working from youth, promoting the values of the fight against gender violence and equal emotional education. It turns out that it is therefore necessary to work including these themes specifically but also through the design of innovative methodologies, which we find that creative tools are the best to do so.

We are aware that we have a challenge ahead of us for a total normalization of gender equality. We want to compensate for the lack of specific resources for education especially among rural areas, and work on the capacity for individual and collective reflection and the breaking down of stereotypes and prejudices, sometimes more deeply rooted in the communities with fewer opportunities (with economic or social obstacles, cultural minorities or among people with functional diversity).

#### **COUNTRIES AND PARTICIPANTS:**

**COUNTRIES:** Italy, Portugal, Greece, Turkey, Spain and Romania

**PARTICIPANTS:** 6 people per country represented by 5 participants each (age  $15 - 17^*$  years old) + 1 group leader +18.

From the 6 participants, the profile would be:

- -1 youth leader, people who are or will be working with youth.
- -5 fewer opportunties, specifically person with cultural differences or minorities.

\*Turkey has extra 100€/participant for visa costs. Gender balance would be appreciated.

#### WHEN:

The dates will be from the 25<sup>th</sup> november to 3<sup>rd</sup> december 2023 (including arrival and departure days).





#### WHAT PARTICIPANTS WE ARE LOOKING FOR

- Youngsters or youth leaders with interest in gender equality as well as art and theater.
- Youngsters or youth leaders who are willing to share a experience in a small town living rural lifestyle, with open mind to respect different ways of living, cultures and abilities of their peers.
- 6 People: 5 participants from each country, aged between **14-17 years old** + 1 group leader older than +18.

All participants must fill up this google form before **15th October 2023.** 

#### https://forms.gle/wWZDnrwQW3Z153Ci9

All flights must be booked before 10th october 2023; the sooner the cheaper :)

Do not book any flight without our express authorization.

#### **FINANCIAL CONDITIONS:**

The cost of the food and accommodation will be covered 100% by the Spanish National Agency, furthermore, travel costs will be granted with an amount according to the travel distance and Erasmus + Guides 2023.

- -For travel distances between 500 and 1999 KM: 275 € per participant (Italy and Portugal).
- -For travel distances between 2000 and 2999 KM: 360 € per participant (Greece, Romania, and Turkey).
- +Exceptional costs for visa costs for Turkey approved up to 100€ per participant.

Please, pay attention to the ceiling for the travel costs per every country that we cannot go above (if your tickets are more expensive, you need to cover the difference on your own).

You must use the cheapest travel option that is possible (buses, trains, low cost airlines, etc.).

Remember to keep all your invoices, boarding passes, original travel tickets (as well as invoices related with visa costs) so we can reimburse you the travel costs according to your expenses. The travel cost will not be reimbursed to people who are not taking part to the entire youth exchange or not respecting the rules of the project.





#### PARTICIPANT GUIDE

#### THEATHER FOR EQUALITY



#### WELCOME!

You are among the **36 participants** that will take part at the Youth Exchange Event **"THEATER FOR EQUALITY"**. There will be participants from **Italy, Greece, Romania, Portugal, Turkey and Spain** 

You are among these participants, because after this youth exchange event you will be able to share your experiences with other young people and therefore be the source of enrichment for the other participants.

We hope that these 9 days you will spend at "THEATER FOR EQUALITY" will be for you a vivid and useful intercultural experience. To achieve this we need to look at some practical needs as well, and therefore we have prepared for you this "participants survival guide", which will help you to answer many questions and as well to prepare for the project.

#### READ THE GUIDE CAREFULLY AND KEEP IT WITH YOU ON YOUR TRAVELS! (So you can check the information whenever you need)

#### THE TEAM!

María José Subires: Project Coordinator

Laura Aguilar Trujillo: Project Logistics Coordinator

Paula García: Facilitator Diana Cocolea: Facilitator

Gabriela: Media

Marileta, Leah, Elias, Fabian, Carlo, Burcu and Döne: Logistics







#### ABOUT THE VENUE (ÁLORA)

The venue will be in a small and beautiful town called ÁLORA, from the province of MÁLAGA. Álora is a town with 12.000 inhabitants well known for its white houses, its beautiful castle and the main touristic natural monument "El Caminito del Rey". Álora is a town located in a rural area and the means of transport from Álora to Málaga or other bigger cities are few. Also the means and facilities are limited so young people from this town have fewer opportunities than people from the city or the coastal areas (fewer studies opportunities, jobs, leisure activities, youth hostels, cultural activities or also inclusive activities).

We work in our town and region because we believe in the power of our territory and we fight against depopulation of rural areas by enhancing youth participation and motivation, and demonstrate that with motivation, everything is possible. Our next goal as association is to have a place that we could call "house" where people with disabilities could develop inclusive activities and where we could host youth exchanges and youth activities. Right now this place is in process to be built and in the meanwhile we are committed to keep developing youth activities using the facilities that we have in our town.



Castle of Álora



Caminito del Rey-El chorro



Caminito del Rey





The activities will be in CASA IMAGINA. This center is a new space where IMAGINA association develop different participative and training activities such as local workshops and inclusive activities for people with functional diversity.

Here we count on different rooms where we can work and a big space for accomodation.

The accommodation will be in **3 shared rooms**. There will be three big rooms equipped with 10 bed. We have also 5 WC and 5 shower in the building.

One of the goal of the project is being aware of the achievements that we can obtain if we work together, understanding the needs, abilities and possibilities of each person and in this sense, we would like to demonstrate that also a project like this can be hold in a rural area, maybe with fewer infrastructures, but with lots of motivation and good work to develop high quality projects.

Finally, we can guarantee that the welcoming and charming spirit of the people of Álora will make your experience here unforgettable, full of nice activities to complement our schedule of activities such as visits to the castle of Álora.



"CASA IMAGINA"-Place of activities



Dinning room



Example of sleeping room



Room of activities





We will provide mattresses, pillows, sheet and mattress bases, but NOT TOWELS. PARTICIPANTS NEED TO BRING THEIR OWN TOWELS

#### Bathrooms and showers





Check IN Time: 25th November from 18:00 p.m.

Check OUT Time: 3<sup>rd</sup> December at 10h a.m.





#### WHAT TO BRING

#### PLEASE take some towels, a reusable water bottle and personal hygiene products with you.





In March, the temperatures go from around 20-11°C

This means that you have to bring clothes for these conditions. Bring also a jacket as some nights might get cooler, but above all comfortable clothes. We recommend to check the forecast some days before coming so you can prepare your luggage according to it! Don't forget your flip-flops and other comfortable shoes as we will also walk.

Bring your ID or identification card and your European Health Insurance Card or Health insurance.

#### HOW TO GET THERE FROM AIRPORT: TRAIN



- 1. From the exit of Terminal T3 go straight on and cross the road in order to get to the train station; there is just one line (C1 RENFE CERCANIAS). Make sure it is heading towards **Málaga-Centro**.
- 2. Buy a single ticket to **ÁLORA**.
- 3. Promptly get off the train at the stop VICTORIA KENT (which it is the 2nd stop: Aeropuerto/Guadalhorce/ <u>Victoria Kent</u> (Correspondencia Línea C-2)/Málaga María Zambrano, Málaga Centro).
- 4. Once you are in the STOP VICTORIA KENT, you have to change the train DESTINATION ÁLORA. Line C2.
- 5. Get off at Álora (last stop)
- 6. We will pick you up in ÁLORA train station.





#### **Schedule**

Línea	Salida Origen	Transbordo en VICTORIA KENT		Línea	Llegada Destino	Tiempo de Viaj
		Llegada	Salida			
C1	07:19	07:24	08:06	C2	08:41	1h 22min.
C1	07:54	07:59	08:06	C2	08:41	47min.
C1	08:34	08:39	09:46	C2	10:22	1h 48min.
C1	09:14	09:19	09:46	C2	10:22	1h 8min.
C1	11:14	11:19	11:46	C2	12:18	1h 4min.
C1	11:34	11:39	11:46	C2	12:18	44min.
C1	13:14	13:19	13:46	C2	14:18	1h 4min.
C1	13:34	13:39	13:46	C2	14:18	44min.
C1	15:14	15:19	15:46	C2	16:21	1h 7min.
C1	15:34	15:39	15:46	C2	16:21	47min.
C1	17:14	17:19	17:46	C2	18:18	1h 4min.
C1	17:34	17:39	17:46	C2	18:18	44min.
C1	19:14	19:19	19:46	C2	20:19	1h 5min.
C1	19:34	19:39	19:46	C2	20:19	45min.
C1	21:14	21:19	21:46	C2	22:19	1h 5min.
C1	21:34	21:39	21:46	C2	22:19	45min.

Volvo

If your arrival hour does not allow you to take the train, you need to inform us in advance so we can hire a taxi for you (that will be included in the reimbursement limit).

The prices of the taxis from airport to Álora will be:

8 places: around 80€ 4 places: around 55€

#### FOOD!

Breakfast will always be served in the accommodation, whereas for lunch and dinner we will move to a **restaurant in the town,** 5-minute walk from our accommodation.

**P.S.** breakfast will be in accordance to **Spanish culture and habits**: this means mainly salty (bread with cheese, ham, olive oil, etc.) but we will provide also marmalade and butter.

We will try to offer you the most possible healthy and varied diet and will take in count only allergies, food intolerances as well as vegetarian and vegan diets.



At the same time, we ask you to be **flexible**, **tolerant and open** to new dishes and tastes: we will be living and working in an intercultural environment, which also includes food habits and culture. For any other special need, problem, preferences or sudden craving, you can find supermarkets.





#### INTERCULTURAL NIGHT



During this night, we will have the intercultural dinner: don't forget to bring **typical products** of your region or country to share with the rest of the participants.

Please, keep in mind that **we will NOT be able to cook** anything in the accommodation, so please just bring cold or already cooked food and drinks. There will be the possibility to store food in the fridge.

You can also prepare a very short presentation about your country using DANCE and MUSIC. No Power Point will be used! So, just be creative!

### FOR ANY DOUBT OR PROBLEM CONTACT YOUR SENDING ORGANIZATION

We are all very ready and happy to meet you soon in Álora







#### ANNEX 1

#### WHAT BASIC RULES DO WE NEED TO RESPECT?

We need to highlight here the social environment in which we will be hosted and the different outgoing activities that we will develop.

First of all, we will be hosted in a **CASA IMAGINA Center**, which is surrounded by other neighbors. This means that we will need to be especially respectful with them and their hour of rest. Also, smoking or drinking is forbidden in the center and its surroundings.

#### The rules:

- Participants will have to bring their own sleeping bag and towels
- There is no possibility to extend your stay at the accommodation, due to the fact that there are other activities, and they need us **to leave the center and installations before 10.00h.**
- It is forbidden to smoke in the building.
- It is forbidden to consume alcohol in the building. If you are an adult and decide to drink, do it with common sense. It cannot affect your participation in the activities.
- In Spain it is forbidden to drink in the streets.
- Participants have to respect the installations, the rooms and the common areas. If they break something they will pay for that.
- It's forbidden to consume food in the rooms or to take food out of the common dining room.
- We only have one key of the center, which will be held by a member of the Imagina team. The accommodation will close at night.
- It's forbidden to make noise after 12:00h at night and before 8.00h in the morning.







#### ANNEX 2

#### REIMBURSEMENT INFORMATION

- 1. In order to reimburse your costs, we need: all original tickets, original boarding passes, original bills and proof of payment. (Every organization has a different travel Budget related to the distance. We will reimburse you according to your expenses. It means that if you have a Budget of  $270\epsilon$  and you spend  $200\epsilon$ , you will receive all  $200\epsilon$  and in this case will be the 100% of the travel. Otherwise for example, if you spend  $300\epsilon$  with a Budget of  $270\epsilon$ , we will reimburse you up to  $270\epsilon$ ).
- 2. Gasoline and taxi receipts are not reimbursable if at the time you get a taxi there was public transport.
- 3. Send the ORIGINAL tickets to the below address. Before that, we recommend you send a scan copy of all tickets and boarding passes:

#### ASOCIACIÓN DE DESARROLLO SOCIAL PARTICIPATIVO IMAGINA LAURA AGUILAR – MARIA JOSÉ SUBIRES

Centro de Formación de Álora Avda Pablo Ruiz Picasso, 0 29500 Álora (Málaga) Spain;

- 4. If you lose your boarding pass, call the flight company and tell them to send you an email with the certification that you took that flight.
- 5. The reimbursement will be done by one bank transfer to the bank account of your organization.
- 6. To make the bank transfer IMAGINA Association will need:
  - All ORIGINAL travel documents.
- The final report survey filled by the group leaders.

The transfer will be done in approximately 1 - 2 months after the project.







#### ANNEX 3

#### AGREEMENT FORM

The agreement form needs to be printed and signed by all participants and sent back to <a href="mailto:imaginaerasmusplus@gmail.com">imaginaerasmusplus@gmail.com</a> until 20<sup>th</sup> October.

Το: IMAGINA Association
Project: Theater for Equality
Participant:

#### DUTIES OF THE PARTICIPANT

As a participant of the project,

- 1. I am aware that I will have to carry out all the duties assigned to me.
- 2. I will do my best so the project will turn out an unforgettable experience for all participants.
- 3. I understand that I have to respect the other participants and I have to be tolerant towards their cultures.
- 4. I understand that the training event has to be held in the spirit of tolerance and cooperation and that prejudices are not wanted.
- 5. I agree that I will take part at the preparation, implementation and the evaluation of the project, which will be carried out by the IMAGINA association.
- 6. I agree to cooperate with the other participants as a group.
- 7. I understand that IMAGINA association wishes that all the participants of the project get as much experience of working in a group as possible.
- 8. I am responsible for my actions during the project. I will respect the venue at which the project is taking place and I will not destroy anything. I will pay for the damage in case I would destroy anything.
- 9. I agree that the alcohol, cigarettes and other drugs are forbidden during in the accomodation.
- 10. I will respect the other participants and their personal things.
- 11. I commit myself that I will, in case of an unjustified cancelation or a cancelation not made in time, cover all travel expenses (the ticket) myself.
- 12. I am aware that in order to be reimbursed, I have to keep all the documentation related with the travel (boarding passes, invoices, bus or train tickets...) and give them to the responsible of the IMAGINA association.
- 13. I am aware that by signing this contract I am binding myself that I will accomplish all the tasks assigned to me and respect all the rules that this contract mentions.

#### RIGHTS OF THE PARTICIPANT

- 1. IMAGINA as the organization with which I will take part at this project, will take care of the transportation of the participants to the venue and back.
- 2. The hosting Organization will take care of the food and accommodation during the project.







- 3. IMAGINA will reimburse the travel cost according to the budget established by Erasmus + Program as soon as the National Agency of Spain will transfer the budget and you provide all the travel documents (boarding passes, train or bus tickets...).
- 4. IMAGINA will make sure that the working environment will be safe but the participants have to respect all security rules.
- 5. Before the project, the IMAGINA will provide all the information necessary.
- 6. I have the right that the accompanying person will help me.

**Participant Signature** 

Place and date:

- 7. I can expect from the accompanying person that she/he will listen to my eventual problems and will help me solve them.
- 8. I can expect that the accompanying person will encourage good relations and communication among participants.

Participants are insured on the part of the Spanish organizers of the project. Each participant is responsible for getting the European health insurance card for abroad if this is possible. The damage or loss of luggage is not included in the insurance.

By Signing below, I agree with the term and conditions described above. If the participant has a tutor, I agree that the participant has my consent to participate in the project.

# Signature of Participant: \_\_\_\_\_\_ Place and date: \_\_\_\_\_ Tutor Signature (if needed) Name of Parent or Guardian: \_\_\_\_\_\_