

EQUAL VOICES



INFOPACK

YOUTH EXCHANGE
11-19 December 2024
Cerralba (Pizarra) Spain

THE PROJECT

“EQUAL VOICES” is a YOUTH EXCHANGE within the frame of Erasmus+ about gender equality and sexual diversity.

The project focuses on the importance of working with young people on issues of affective-sexual diversity and gender equality, aiming to foster a more inclusive and respectful society. Through workshops, educational activities, and participatory dynamics, it seeks to create a safe space where young people can explore and understand different sexual orientations and gender identities, while promoting values such as respect, empathy, and equality.

A key aspect of the project is to challenge gender stereotypes and combat discrimination based on sexual orientation or gender identity. The project emphasizes the importance of emotional education, helping young people develop tools to manage their emotions in a positive and respectful way towards diversity. Additionally, young people are encouraged to become agents of social change, advocating for equality and the rights of all individuals, regardless of their identity or affective-sexual preferences.

Games are introduced as a key tool in this process, offering an engaging and interactive method to approach these sensitive topics. By using games, young people can actively participate in scenarios that help them better understand diversity, build empathy, and break down prejudices in a fun, non-threatening environment. Also we will explore social media as a tool that helps us to increase awareness and learn about other realities.

In the long term, the project aims not only to transform individual attitudes but also to contribute to the creation of more inclusive, equitable, and discrimination-free communities.

OBJECTIVES

- To challenge and deconstruct gender stereotypes through participatory dynamics that allow young people to identify and question socially imposed gender norms and roles.
- To empower young people as agents of social change, providing them with the tools and knowledge needed to advocate for gender equality and respect for diversity in their communities through concrete actions and awareness initiatives.
- To learn tools as games or social media that help us work on gender equality and sexual diversity with young people.

BASIC INFORMATION

- **Duration:** 9 days (including travel days).
- **Date of the project:** 11-19 December 2024.
- **Venue:** Cerralba (Pizarra), Málaga (SPAIN).
- **Countries:** 5 countries represented by 5 participants each one (aged +18).
- **Participation fee:** 15€/person.



PARTICIPANTS

The participants could be students, teachers, youth workers, or any active person in youth field, or interested in the topic and how to increase awareness about it. Also young people willing to share their experiences, to learn from others and to grow personally and professionally.

To offer this opportunity to young people from rural areas is one of our priorities because we want to spread the knowledge and increase their opportunities for self-development.

In order to reach our goals in all aspects, we ask our partner organizations to pay attention to the gender balance in the selection of the group.

We are looking for 4 participants of each of the countries of 18-30 years old + 1 group leader (+18)

THE VENUE

In our village, there is not a hostel that we can pay for, so the accommodation will be very basic. We will sleep all together in a mixed room and only five showers will be available, so a good schedule will be displayed to guarantee hygiene among participants.

So, you will need to accept this before coming.

We know that this will be a challenge, but our objective is to work on the development of rural areas, even if the resources are limited. We are willing to find people that are ready to break down personal limits and open up!

The Village is very rural, so does not offers a wide range of services, but there is a little shop, and we will do our best to provide common goods for share.



TRAVEL BUDGET

The cost of the food and accommodation will be covered 100% by the Spanish National Agency, furthermore, travel costs will be granted with an amount according to the travel distance.

According to the Erasmus + Guide for 2024, the amount per participant will be:

- For travel distances between 500 and 1999 KM: 275€ per participant (Italy)
- For travel distances between 2000 and 2999 KM: 360€ per participant (Bulgaria, Greece)
- For travel distances between 4000 and 7999 KM: 1.188€ per participant (Guadeloupe)

You can come to Spain 1 day before or/and after the main activities, however, we can not cover the expenses of your venue and meals before or after the activities.

Maximum possible extend of travelling earlier or later than the dates of the youth exchange:

9.12.2024 - 19.12.2024

10.12.2024 - 20.12.2024

11.12.2024 - 21.12.2024

IMPORTANT!

- Remember to keep ALL your boarding passes and original travel tickets so we can reimburse you the travel costs!!
- **Please, before buy the ticket write to us, so we can check it and give you the approval.**
- **Participation Fee: 15€/person.** This fee will be paid in CASH on the 3rd day of the project.

REIMBURSEMENT

In order to reimburse your costs we need: all original tickets, original boarding passes, original bills and proof of payment. (Every organization has a different travel budget related to the distance).

1. We will reimburse according to your expenses. This means that if you have a budget of 270€ and you spend 200€, you will receive all 200€ and in this case will be the 100% of the travel. Otherwise for example, if you spend 300€ with a budget of 270€, we will reimburse you up to 270€)

2. Gasoline and taxi receipts are not reimbursable if at the time you get a taxi there was public transport.

3. Send the ORIGINAL tickets to the below address. Before that, we recommend you to send a scan copy of all tickets and boarding passes

GRUPO DE DESARROLLO RURAL VALLE DEL GUADALHORCE

ANA HEVILLA

Edificio La Huerta Calle Caña s/n 29569

Cerralba -Pizarra (Málaga) Spain

4.The reimbursement will be done by one bank transfer for each country.

5. To make the bank transfer GDR Association will need: All ORIGINAL travel documents; The final report survey filled by the group leaders.

The transfer will be done in approximately 1 - 2 months after the project.

HOW TO ARRIVE TO THE PLACE

Málaga has one of the biggest airports in Spain, so hopefully you will find direct flights to Málaga.

The itinerary that you should follow is:

1. Go Terminal T3 in airport to take the train. There is just a line, called C1 RENFE CERCANIAS.
2. Buy a ticket at the vending machine to PIZARRA – just a single ticket.
3. Take the train from the airport (Terminal T3) towards MÁLAGA CENTRO-ALAMEDA.
4. Promptly get off the train at the stop VICTORIA KENT, and change the train destination to ALORA. Line 2 (C2).
5. You will be on this train around 20 minutes and then you have to get off the train at the stop PIZARRA.
6. We will pick you up in PIZARRA and take you to the place:

Edificio la Huerta,
Calle Caña s/n 29569
Cerralba-Pizarra

More information in the official train page:

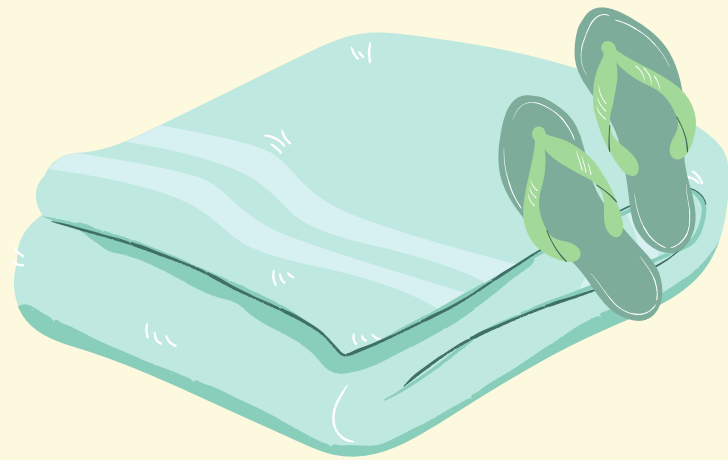
<https://www.renfe.com/es/es/cercanias/cercanias-malaga/horarios>

In any case, when we know your flight schedule we can help you to find the easiest way to get the place.

WHAT TO BRING



Comfortable clothes



Towels, toiletries
flip flops



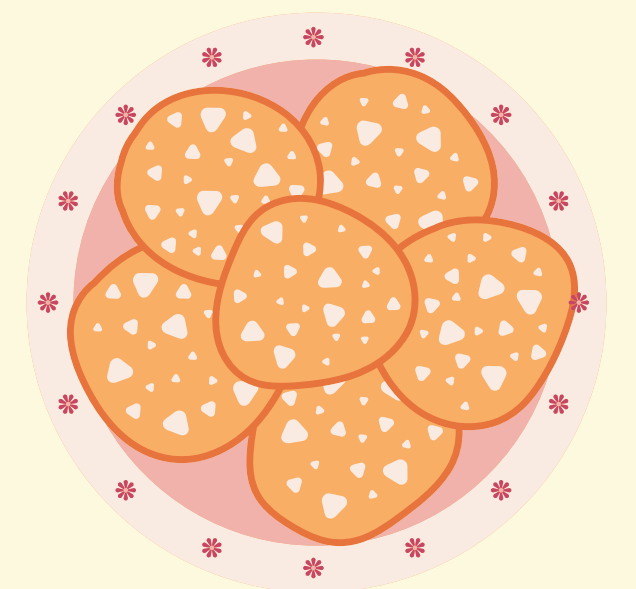
ID and insurance documents



A bottle of water



Ice breaking activities



Stuff for intercultural evenings



Good Mood!

THE WEATHER

In December, we have cold weather, with sunny days and temperatures that go from a maximum of 20°C to a minimum of 7°C. But weather can be changeable.

Rain is possible in these dates.

We will give you more certain information about the weather the week before the exchange by the Whatsapp group. But you have to bring comfortable and warm clothes.

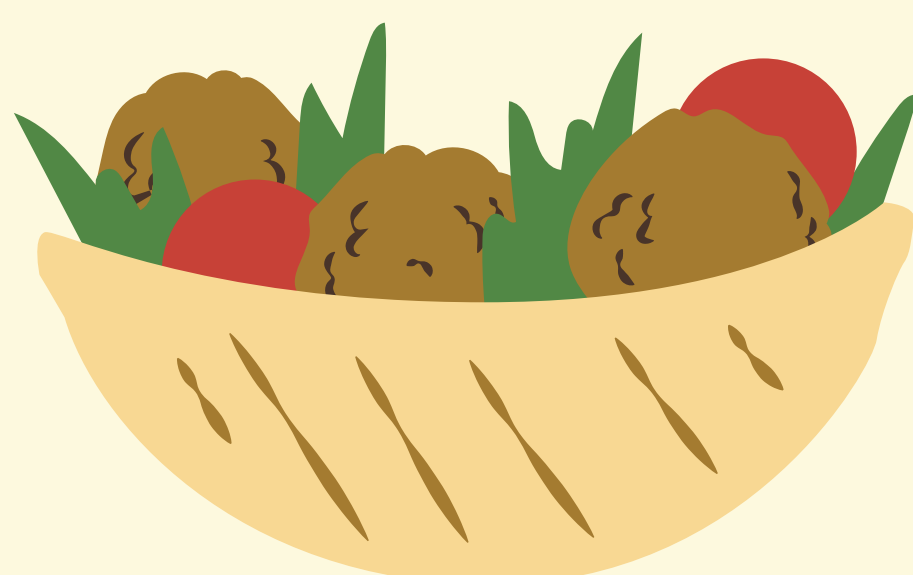


FOOD

Meals will usually be self - served in the accomodation. Breakfast, lunch and dinner will be provided by a catering from the town. We will try to offer you the most possible healthy and varied diet and will take into account allergies, food intolerances as well as vegetarian and vegan diets.

At the same time, we ask you to be flexible, tolerant and open to new dishes and tastes.

During the workshop time we will also have some breaks with tea, coffee, fruit and other snacks.



INTERCULTURAL NIGHTS

During the week we will have different intercultural nights. So it will be nice that you contribute to it with little presentation of your country and/or your area.

Do not forget to bring typical products of your region or country to share with the rest of the participants.

Please, keep in mind that we won't have many resources to cook in the accommodation, so please bring mostly cold or already cooked food. In any case, if you have any special request, you can talk to us and we will let you know if it is possible to manage.

We will also have a costume party. We will make our own costumes with recycled material. Anyways feel free to bring whatever you want.



CONTACT

When all the participants are selected we will contact you to make a Whatsapp group.

In the meantime, for any information you need you can contact us by email.

Responsibles for the project:

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Salud González Guillén
Paula García Guzmán

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