

MAKE YOUR OWN ENVIRONMENTAL

Youth Exchange

22nd September – 5th October 2025

(Including travel dates)

XÀTIVA (València), Spain

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1. Who we are?

Coordinating/hosting organisation **XERACION VALENCIA** (xeracionvalencia.org, [Xeracion](https://www.facebook.com/XeracionValencia)) is a youth cultural non-profit with offices in Gandia (Valencia) and Narón (Galicia) with the main aim of empowering youth to develop themselves and their critical thinking in order to become active citizens who will improve our society.

We follow and practice values of tolerance, human dignity, inter-culturalism, cooperation, social justice and integration. As well as practicing and promoting a sustainable development, healthy life styles and an active protection of the environment.

We organise Youth Exchanges, Training Courses, workcamps and host/send/coordinate European EVS/ESC volunteers from different countries in environmental, social, entrepreneurial and educational projects.



2. Summary of the project & objectives

During the last years working with the Erasmus+ program, we noticed that activities in which participants had to develop and facilitate their own workshops and sessions were very enriching and very well received by young people. In addition, during the sessions in which participants could learn how to start a youth exchange we saw great interest and motivation. For that reason, this youth exchange will allow participants to create and facilitate their own activities **related to environmental issues** through different sessions that they will put into practice with the rest of the participants. Also, there will be time to learn about the Erasmus+ program, how to write a youth exchange from the very basics and network with the other participants with similar interests for future projects.

Thus, the objectives of the project are to:

1. Empower the participants by giving them the space and basic knowledge to create their own sessions of non-formal education related to environmental topics.
2. Promote youth participation and the entrepreneurial spirit of the participants by providing them with the tools and knowledge to start working with the Erasmus+ Youth program.
3. Facilitate the national and international mobility of youth with European programs such as Erasmus+, CES and Erasmus for Young Entrepreneurs.

This youth exchange will take place from the 22nd of September until the 5th of October 2025 in the town of Xàtiva (València). There will be a total of 40 participants between the ages of 18 and 30 with group leaders with no age limit. Countries involved are GREECE, ITALY, ROMANIA, PORTUGAL, SLOVAKIA and SPAIN

3. Profile of participants

The ideal participants for this project are youth:

- eager to organise environmental activities for youth back in their local communities;
- looking forward to facilitate sessions learning by doing and experiencing it (with little or no previous experience facilitating);
- who has experience or interest on the topics of environmental sustainability;
- with an open mind, adaptable to changes and ready to be out of their comfort zone;
- who enjoys meeting people from other countries to co-live in intercultural environments.

NOTE: preference for participants with fewer opportunities and "NEET" profiles, with little or no motivation to study or work.

4. Accommodation and location

Accommodation will be in **shared rooms up to 4 people** at Albergue Juvenil Casablanca in Xàtiva: <https://www.naturjove.es/es/servicios/instalaciones/casablancaes>

This small town is a synonym of abundance: for its rich history and for its enormous cultural and gastronomic influence. With almost 30,000 inhabitants, perhaps little known internationally, and even in Spain itself, but it hides legends and historical treasures that marked life on the peninsula. Due to its strategic position, it is located at the foot of a mountainous massif, and many peoples of antiquity have wanted to get hold of it.



Through its streets, they passed from the Iberians to the Greeks, through the Phoenicians to the Romans, but it reached its greatest splendour in the Muslim era. During this time, important paper industry was developed, thus manufacturing rice paper and the first rice mill in Europe was created.

The climate in the region is Mediterranean-subtropical with very mild temperatures during winters (10- 20°C) and very hot summers (30-40°C). Our region is quite affected by climate change and the weather is getting a bit crazy around here, but **temperature on these dates should be expected to vary from 10°C at night to 30°C during the sunny days**. You can also expect a lot of humidity, quite some sun and even some rains ☺

[More info about Xàtiva here](#)

5. Travelling & insurance

100% of the travel costs will be reimbursed (up to one month after the end of the youth exchange and after we received all the required documents) [flights, trains, buses, carpooling but NO TAXIS] up to the maximum amount indicated by the distance calculator provided by the EU as it follows:

- Italy, Portugal & Slovakia >> 309 EUR
- Spain >> Depending on distance
- Romania & Greece >> 395 EUR

In order to get your reimbursements, you must keep and send us:

- TICKETS/INVOICE (on paper/email for trains/buses with the price on it)
- BOARDING PASS (for both ways)

TAXIS CANNOT BE REIMBURSED! (only exceptions, please ask us before if you have doubts)

Following the guidelines of the E+ program the travel must be within a **maximum of 2 days before OR after the project (arrivals not before the 20th OR departures not after the 7th).**

We offer our full support booking flights and bus/train connections so please let us know if you need any help. You can book flights to any of the following airports:

>> **Valencia (EASIEST AND BEST OPTION)**

>> Alicante, Castellon, Madrid or Barcelona (**ONLY IF ITS YOUR ONLY/BEST OPTION, ask us before**)

Do not book your departure flight from Valencia on the 5th October before 10am in the morning.

HEALTH INSURANCE: Please remember to bring your European Health Insurance Card or private health insurance you might have covering yourself during the duration of the activity.

VERY IMPORTANT: Please take this into consideration BEFORE APPLYING:

THIS IS A NON-FORMAL LEARNING ACTIVITY funded with EU public money. It is mandatory to actively participate in all activities from 10h to 18:30h approx.

⚠ **NO ALCOHOL POLICY** in our venue/accommodation.

⚠ Participants will have to organise their own activities/workshops so a conversational level of English is required.

PLEASE DO NOT COME if your motivation is **JUST PARTYING & DRINKING** or **VISITING SPAIN!**

Thank you! 😊

6. PROGRAM (THIS IS NOT A FINAL PROGRAM, IT'S JUST A DRAFT)

Day 1 – Mon 22nd: ARRIVALS + visit to Valencia City. **MEETING POINT** in XÀTIVA at 20:30h
Day 2 – Tue 23rd: Welcome, presentations, Ice-breakers, expectations. Team Building.
Day 3 – Wed 24th: NFE, facilitation, feedback, sustainability. Team Building.
Day 4 – Thu 25th: Talking about Sustainability, topics, teams. Working groups.
Day 5 – Fri 26th: Team Work in progress. PARTICIPANTS SESSIONS of Team 1 (afternoon).
Day 6 – Sat 27th: PARTICIPANTS SESSIONS of Team 2 (morning) & Team 3 (afternoon).
Day 7 – Sun 28th: PARTICIPANTS SESSIONS of Team 4 (morning) & Team 5 (afternoon).
Day 8 – Mon 29th: FREE DAY. Cultural visit. Beach day, sports, games, sightseeing...
Day 9 – Tue 30th: PARTICIPANTS SESSIONS of Team 6 (morning) & Team 7 (afternoon).
Day 10 – Wed 1st : PARTICIPANTS SESSIONS of Team 8 (morning) & Team 9 (afternoon).
Day 11 – Thu 2nd: PARTICIPANTS SESSIONS of Team 10 (morning). Erasmus+ in deep.
Day 12 Fri 3rd: Planning your own projects. Presenting your projects.
Day 13 Sat 4th: Evaluation, presenting your projects.
Day 14 Sun 5th: Breakfast and DEPARTURES

PLEASE NOTE: Participants (by teams & topics) will be in charge of organising and facilitating several full days during this youth exchange, this means taking care of the whole group dynamic during their sessions (one full morning or afternoon each team). You will have our full support, and some time to prepare everything once you arrive, but please take this information into consideration before applying.

DAILY SCHEDULE (This is not a final schedule, it's just a draft)

Morning sessions from 10:00h to 13:30h

(Breakfast starting at 9h with a 30 mins. coffee break at 11:30h)

LUNCH around 13:30h to 15:00h

Afternoon sessions from 15:00h to 18:30h

(Coffee break at 16:30h and self-reflection at 18:00h)

DINNER will be around 20:30h

7. MEETING POINT

You will have the chance to visit Valencia as you arrive to the city. We will make a late **MEETING POINT** on the 22nd of September 2025 at 20:00h in our accommodation in Xàtiva to have dinner together. There are lockers around the city to leave your luggage. However, if you are too tired to go sightseeing, you can arrive to Xàtiva earlier, check-in at our accommodation will be from 14h and you can have your lunch there. More details will be sent later.

8. What to bring?

- TOWEL and TOILETRIES.
- Mosquito repellent and Sun cream
- Swim suit (there is a swimming pool).
- Your own bottle of water/cup to refill (metal, glass or hard plastic)
- A lot of good energy and positive attitude.

You DON'T NEED TO BRING bed sheets or covers/sleeping bags.

9. Application process

Applications will be accepted until **Monday 4th of August** through the following form:
<https://forms.gle/b5s6JdyUryhuNsGo8>

10. Contact info

If you have any doubts, questions or suggestions please feel free to **contact us at** xeracionvalencia@gmail.com or via **WhatsApp at +34626905529 (ion)**.